

This self declaration is not a replacement for the Immigration, Refugees and Citizenship Canada Medical Report (completed by a panel physician) required for your study and/or co-op permit application.

Applicant's Name:	
Date of Birth:	<i>Year Month Day format</i>

Food Processing is a physically demanding program. Its focus is on “industrial meat preparation”, which is producing and packaging meat for people to eat. This one year hands-on certificate program involves 12 weeks in a supervised practicum in a meat processing workplace. Students will:

- Be interviewed by practicum employers.
- Complete the practicum employer’s **physical testing** to determine placement.

In order to be successful in this program (both in the college and practicum setting) students must be physically able to:

- Attend class/work on a regular basis (too many absences will result in not being able to meet the learning objectives).
- Stand on concrete floors approximately 8 hours per day.
- Lift floor to shoulder 25lbs / 11.4 kg.
- Lift knee to waist 40lbs / 18.1 kg.
- Learn how to safely use knives to cut meat (may require repetitive hand/arm motion).
- Walk up and down stairs many times during the day.
- Manage being in cold temperatures for extended periods of time, including going into a refrigerator/freezer.

Medical conditions (existing or new) and/or pregnancy may affect your ability to attend class and participate fully in practical learning activities and complete the program. If you have any health or medical conditions that would prevent you from meeting the above requirements, you should speak to Assiniboine International to determine whether or not you’re medical conditions can be reasonably accommodated by the College and the practicum employers.

If you have any questions or concerns about this program, e-mail international@assiniboine.net **before committing to this program**. (Any fees paid will **not** be refunded if you change your mind or cannot manage the demands of the program.) If this program is not a good choice for you, we can discuss other program options that may be better suited for your interests and abilities.

Self-Declaration <input checked="" type="checkbox"/>	
<input type="checkbox"/> I declare that I have read all of Assiniboine’s Food Processing information sheets. <input type="checkbox"/> I declare that I understand that this program requires regular attendance in order to meet learning objectives. <input type="checkbox"/> I declare that I understand that this is a physically demanding program that will involve standing, heavy lifting, repetitive movements, and exposure to cold temperatures. <input type="checkbox"/> I declare that I have had an opportunity to discuss any concerns about the physically demanding nature of this program to ensure that this program is suitable for my physical capabilities. <input type="checkbox"/> I declare that I am able to meet the physical demands of this program.	
By typing my name below and submitting this application to Assiniboine Community College, I confirm the above declarations.	
Type applicant’s full legal name in place of signature:	Date: