



CEPA Program Proposal



“Hotel and Restaurant Management and Culinary Arts”

France, Germany

February 29 - March 8, 2020 (9 days)



Customized for:

Assiniboine Community College, Canada



Day 1 Saturday, February 29

- Depart for Frankfurt, Germany

Day 2 Sunday, March 1 Frankfurt - Strasbourg

- Arrive at Frankfurt International Airport (FRA)
- Transportation by private bus from the airport to your accommodation in Strasbourg
- 5 nights in twin rooms with shared bathrooms on the corridor or triple rooms with private bathrooms incl. breakfast at our **European Study Center, Château de Pourtalès**
- **Orientation session** by your on-site coordinator at the château
- Public transportation during the afternoon
- **Guided walking tour of Strasbourg** focusing on the gourmet delights of the city and region. At the Alsace, a perfect combination of French and German cuisines come together to make the food so unique. Discover the delights of the region's finest dishes such as Kougelhopf, Flammkueche (tarte flambée) and Pain d'Epice (gingerbread).

Day 3 Monday, March 2 Strasbourg

- Breakfast at the Château
- Public transportation in the morning
- **Visit** to a cheese maker, e.g. La Cloche a Fromage, for a cheese tasting and explanations of the different Alsatian cheese and their history
- Free time for your own explorations. Consider exploring "Petite France", an area located on the Grand Île where the Ill River splits up into a number of canals and cascades.
- **Welcome dinner** at a restaurant in Strasbourg to kick off the program

Day 4 Tuesday, March 3 Black Forest

- Breakfast at the Château
- Transportation by private bus during the day
- Visit to the 4-star hotel **Traube Tonbach**, for a private "back-of-the-house-tour". The hotel is an elegant and exclusive place nestled in one of the most picturesque natural landscapes of Europe. You will learn how to prepare a "Schwarzwälder Kirschtorte", a typical Black Forest Cake. Taste the cake during a traditional German "coffee and cake" session afterwards.
- Free time in Freiburg's city center to explore the open-air food market around the Freiburg Cathedral and to have lunch at your own expense
- **Guided wine tour in Freiburg**, e.g. FREIBURGERLEBEN, during which you will taste local wines while hearing about the history of the city and wine production in Germany

Day 5 Wednesday, March 4 Strasbourg - Alsace

- Breakfast at the Château
- Public transportation during the day
- **Visit** to a chocolatier, e.g. Chocolaterie Weiss. They will give you an introduction to their world of chocolate – from the bean to the chocolate bar. You will get to taste different kind of treats such as Macarons, Nougastelles and Orangettes.
- Transportation by private bus in the afternoon
- **Visit** of to a Foie Gras producer near Strasbourg, e.g. "La Ferme de la plume d'Or". Enjoy a tasting of the delicacy Foie Gras. Foie Gras (French for "fat liver") is a luxury food product made of the liver.

Day 6 Thursday, March 5 Alsace

- Breakfast at the Château
- Transportation by private bus during the day
- **Guided bus tour** along the Alsatian “Route des Vins” (wine route), with small stops in the Alsatian villages. Along the route your guide will tell you interesting facts about the region’s history.
- Free time for lunch at your own expense
- **Visit** an Alsatian winery, e.g. Jean Geiler, to learn about the production of wine in France and taste a selection of their products
- **Group dinner** at a restaurant in Strasbourg, to taste the tarte flambée, which basically is a razor thin dough base – a recipe from Alsace which goes back to the mid 1800’s

Day 7 Friday, March 6 Strasbourg - Paris

- Breakfast at the Château
- Transportation by private bus from your hotel to the train station in Strasbourg
- Train tickets from Strasbourg to Paris (travel time: approx. 2 hours)
- Transportation by private bus from the train station to your hotel in Paris
- 2 nights in twin rooms with private bathrooms incl. breakfast at the 3-star hotel **André Latin** in Paris
- **Orientation session** by your on-site coordinator at the hotel
- Public transportation pass for the duration of your entire stay in Paris
- **Guided boat tour of Paris** to see the most important sights of the city, such as the Louvre and the Eiffel Tower

Day 8 Saturday, March 7 Paris

- Breakfast at the hotel
- Public transportation during the day
- Guided tour of the **Rungis Market** to explore the world’s largest wholesale fresh produce market
- Free time for final sightseeing of the city
- **Farewell dinner** at a restaurant in Paris to wrap up your program

Day 9 Sunday, March 8 Paris

- Breakfast at the hotel
- Transportation from the hotel to the airport by private bus
- Departure from Paris Charles de Gaulle Airport to Canada (airfare not included)