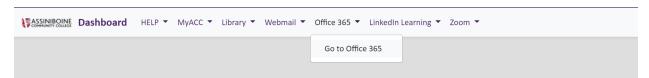
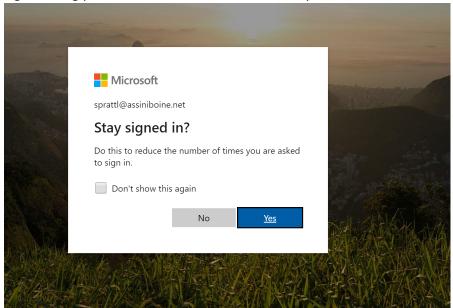
## Saving Files to Office 365

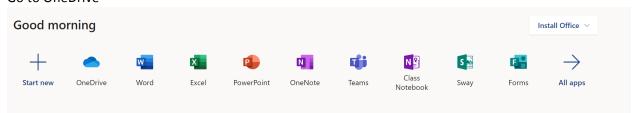
1. Link to Office 365 from the menu bar at the top of Moodle.



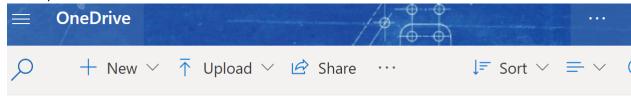
2. Sign-in using your Assiniboine credentials. You may need to enter user name and password.



3. Go to OneDrive

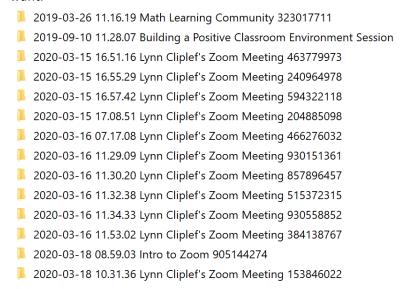


4. Click Upload

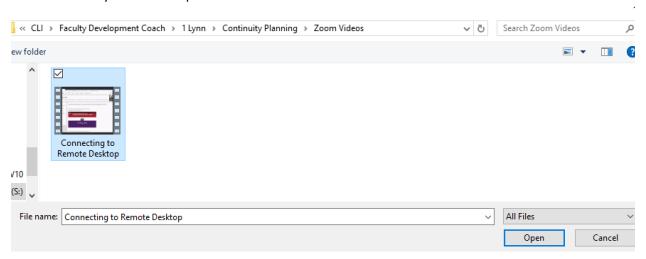


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- Navigate to the appropriate folder. The following steps are specific to Zoom file uploads, but could be applied to other files. For Zoom files, the default is a folder called "Zoom" in your documents.
- 6. Each of your Zoom videos that you have saved will have an associate folder. Open the one you want.



- 7. Choose the folder you may need to upload.
- 8. You may need to check the files to ensure that you have the right one (there will be a different one for each time you start and stop the record).
- 9. Choose the file you want to upload

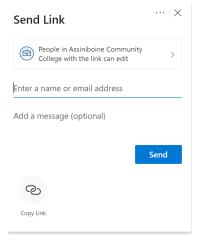


10. Your file will now be on your OneDrive account.

## Files > zoom practice



11. Hover over name of the name of the file a share icon (little arrow) will pop up.



- 12. You have two choices:
  - a. Enter the e-mail addresses of the people you want to share it with
  - b. Copy link. This allows you to paste the link it into Moodle, E-mail, etc.