

\*As of July 12, 2021

## Information and Resources for Students Travelling to start classes in September 2021.

### Are you now outside of Canada?

If yes, click [here](#) (air travel) or [here](#) (driving) for Immigration, Refugees and Citizenship Canada (IRCC) information about travelling to Canada.

All people who enter Canada from another country may be **required by law** to:

1. have a negative Covid-19 test within 72 hours of their scheduled departure. You must present documentation of a negative laboratory COVID-19 molecular test result to the airline before boarding a flight to Canada. See [this link](#) for accepted types of tests and test result requirements. Documentation may also be requested by a Canadian Border Services Agency (CBSA) Officer upon arrival in Canada at the port of entry (airport).  
AND
2. take another COVID-19 test at your Canadian arrival airport. You may need to wait for the results of this test for 3 nights at a government-approved hotel in your arrival city, which you must book *before* leaving your home country. You will pay for this hotel stay.
3. quarantine for a minimum of 11 more days, after receiving the results of the test at the airport.

Click [here](#) for more information.

Effective July 5<sup>th</sup>, 2021 the Government of Canada announced new rules for vaccinated travelers entering Canada. We encourage you to stay up-to-date on how this may impact your arrival into Canada and your requirements for mandatory quarantine as an international student entering Canada. The Government of Canada's website is the authorized source for this information. Click [here](#) for more information.

Before you board any plane outside of Canada, and when you arrive at a Canadian airport, you must show an appropriate quarantine plan regardless of vaccination status or exemption eligibility. If you do not meet the exemption requirements, you must quarantine, even with negative test results.

Also read and plan for the Manitoba requirements for quarantine if you stay in another Canadian province after your 3 day hotel stay. See below.

This means you should plan to arrive in Canada at least 15 days before your first day of on-campus classes or orientation. If you stay in another Canadian province before Manitoba, you could need to arrive about **one month** before. There is no option to begin your classes online and failure to attend the first week of classes may result in the loss of your seat.

### Are you now in Canada, but *not* in Manitoba?

Students arriving in Manitoba from any other Canadian province or territory may need to quarantine ("self-isolate") in one place for a minimum of 14 days, immediately after stopping in a city or town in Manitoba.

*This means you should plan to arrive in Manitoba at least 15 days before your first day of on-campus classes or orientation.*

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See [here](#) for this information.

If you are travelling from another Canadian province and are fully vaccinated, you do not need to self-isolate upon your arrival in Manitoba if you are not displaying any symptoms of COVID-19. You are considered fully vaccinated 14 days after receiving all required doses of a COVID-19 vaccine approved for use in Canada. Children under the age of 12 who are travelling with one or more persons over 12 years of age who are all fully vaccinated against COVID-19 do not need to self-isolate if they are not displaying any symptoms of COVID-19

### Are you now in Manitoba?

Great! But if you leave Manitoba and/or Canada, for any reason, you will need to follow the quarantine requirement(s) when you return. This will depend on where you go; see the information above.

### All students:

Please contact [registration@assiniboine.net](mailto:registration@assiniboine.net) if your contact information (email address, postal address, phone number) changes.

Please continue to check these websites for the most up to date information:

Assiniboine Community College COVID-19 response [here](#).

Assiniboine Community College Fall 2021 program information [here](#).

Government of Manitoba COVID-19 information [here](#).

Government of Canada COVID-19 information [here](#).

**Note many college services are available to you online (through your MyACC account) or by phone to 1-800-862-6307.**

### Resources for Quarantine in Manitoba (If you are required to quarantine):

(Please click on colored links for more information.)

Flights to Manitoba If you need to quarantine, remember to book your flight to Manitoba 3 days <i>after</i> arrival in Canada.  Are you 18 years old, or younger? Contact	<p>To complete your quarantine <i>in Brandon</i>, arrange flights as follows:</p> <p>Country where you are now, <i>to</i> Arrival airport in Canada, <i>to</i> Calgary, Alberta, <i>to</i> Brandon, Manitoba</p> <p>To complete your quarantine <i>in Winnipeg</i>, arrange flights as follows:</p> <p>Country where you are now, <i>to</i> Arrival airport in Canada, <i>to</i> Winnipeg, Manitoba</p>	<p>You may want to book your flights through a travel agent and/or with airlines that are part of <a href="#">Star Alliance</a>, to increase your chance of assistance if you are delayed or need to change flights. Book tickets with flexible change/cancel conditions, if possible.</p>	
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<a href="mailto:international@assiniboine.net">international@assiniboine.net</a> for more information.	DO NOT leave any airport before arriving in Manitoba, other than required 3 day authorized government hotel in Canadian arrival city.		
<p>Accommodations</p> <p>These pages show <b>Brandon</b> accommodation providers.</p> <p>For information about hotels in <b>Winnipeg</b>, request document at <a href="mailto:international@assiniboine.net">international@assiniboine.net</a></p>	<p>Quarantine requires travellers (even without symptoms) to stay in one house/apartment/hotel room and avoid any personal contact with others for 14 days. This is required by law: <a href="#">Section 58 of the Quarantine Act</a>.</p> <p>The only people you can have contact (less than 2 metres) with are the people you travelled with from your home country/other province. Other than that, you must stay <i>alone</i> in a bedroom and use your own bathroom.</p> <p><b>When choosing accommodation</b>, say that you need to quarantine for at least 14 days because you have travelled. Say that you will study at Assiniboine Community College after the quarantine period.</p> <p><b>Ask questions like:</b></p> <p>What does the cost include, and not include?  Will I have a private room and bathroom?  How would I get food and supplies?  Are there cooking facilities/refrigerator/microwave?  Is wi-fi included?  How and where can I do laundry?  Do you provide cleaning supplies?  Is there access to a private area outside (patio/balcony/yard)?  If you are a smoker, note that you will NOT be able to legally smoke indoors in any public place (example: a hotel or university residence), and many private homeowners will not allow smoking indoors.</p>	<b>Brandon Provider</b>	<b>Price per 15 days on average</b>
		<a href="#">Airbnb</a> for short-term rental	<b>Varies</b>
		<a href="#">Best Western Plus Brandon Inn</a>	<b>Contact to check for your dates</b>
		<a href="#">Colonial Inn</a>	<b>Contact to check for your dates</b>
		<a href="#">Comfort Inn Brandon</a>	<b>Contact to check for your dates</b>
		<a href="#">Lakeview Inns &amp; Suites - Brandon</a>	<b>Contact to check for your dates</b>
		<a href="#">Places4students</a> for longer-term rental	<b>Varies</b>
		<a href="#">eBrandon.ca</a> Classifieds under Housing for Rent for longer-term rental	<b>Varies</b>

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	<p><b>Ask anything else that is important for your health, safety and comfort. Write down answers, date of call/email, and name of person who answered.</b></p> <p>Remember: if you move in to a <i>longer-term</i> rental for your quarantine, you cannot leave quarantine to buy furniture or supplies (like dishes, sheets, towels). You would need to arrange a furnished place with supplies or buy everything you need during quarantine online, for delivery (not pick-up).</p>		
Transportation	<p>If arriving by air, students must arrange transportation from Brandon or Winnipeg airport.</p> <p>Use private transportation if at all possible. If a family member or friend picks you up, there should be <b>only one person</b> (the driver) in the car.</p> <p><b>Wear a mask the entire time you are in any vehicle with other people.</b> Also, do the following:</p> <ul style="list-style-type: none"> <li>• Clean your hands before and after, with an alcohol-based hand sanitizer.</li> <li>• Load and unload your own suitcases, in and out of the trunk of the vehicle. Keep only your valuables in the vehicle with you, on your lap (not the seat)</li> <li>• Sit in the back seats only</li> <li>• Avoid touching the inside of the vehicle as much as possible.</li> <li>• Avoid touching your face.</li> <li>• If you must cough or sneeze, cough or sneeze into your elbow.</li> <li>• Pay without cash, if possible.</li> </ul>	<p><a href="#">Enterprise Rental Cars</a> RECOMMENDED OPTION</p> <p><a href="#">Taxi</a> from Brandon airport to Brandon accommodation or <a href="#">Taxi</a> from Winnipeg airport to Winnipeg accommodation.</p> <p>Winnipeg airport to Brandon accommodation Ridebooker <a href="#">Private Taxi</a></p>	<p>Pick up at Winnipeg airport; return to Brandon location: <b>Approx. \$160 plus gas cost</b> <i>Book by contacting Brandon 1<sup>st</sup> Street location; say you are an Assiniboine Community College student. Driver must be at least 21 years of age and must show valid Canadian or international driver's license.</i></p> <p><b>Varies.</b></p>

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	<p>If you cross a provincial border into Manitoba, you may be stopped at a checkpoint. Be ready to show your quarantine plan. Even if you are not stopped, follow province of Manitoba <a href="#">requirements</a> about quarantine.</p> <p>If you have an out-of-province or an international driver's license, bring this with you.</p>	<p>Winnipeg airport to Brandon accommodation <a href="#">Brandon Air Shuttle</a> Requires proof of recent negative COVID-19 test before travel to Brandon.</p>	<p><b>\$580 estimated</b></p> <p><b>\$55 plus tax</b> <b><i>Book in advance</i></b> Luggage allowance includes 2 suitcases and 1 carry-on per passenger. Size/weight restrictions may apply. No pets allowed. <b><u>NON-REFUNDABLE.</u></b></p>
Food & Supplies	<p>You will not be able to stop at any stores to purchase food or supplies when you arrive. When you arrive, you can contact a home grocery delivery service.</p> <p>The delivery fee depends on the size of your order and the delivery time that you choose.</p> <p>Please do not meet your delivery driver outside. Let them leave your purchases at your door. You will need to make purchases using a credit card.</p>	<p><a href="#">Superstore – Click &amp; Collect</a> <a href="#">Instacart.ca</a></p>	<p><b>\$7.99 - \$9.99 Instacart delivery fee + service fee is 5%</b> of your order total before taxes for orders under \$35.</p> <p><b>\$3.99 – \$5.99 Instacart delivery fee + service fee is 5%</b> of your order total before taxes for orders \$35 or more.</p>
		<p><a href="#">Walmart – Click &amp; Collect</a> If you don't know your postal code, use R7A 2A9. <a href="#">Instacart.ca</a></p>	<p><b>\$9.99 Instacart delivery fee plus service fee is 5%</b> of your order total before taxes.</p>
Restaurants (Use Contactless Delivery only)		<p><a href="#">Skip The Dishes</a></p>	<p><b>\$3.45 - \$4.59</b> Delivery service</p>

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		<a href="#">Door Dash</a>	Enjoy \$0 delivery fee on every order over \$10 for the next 30 days. New users only \$ 2.99 average delivery service
Health All students:	<p><b>Monitor your health for possible symptoms <i>every day</i>. Use the <a href="#">online screening tool for COVID-19</a>. If you have symptoms or questions, contact <a href="#">Health Links</a>.</b></p> <p>The government of Manitoba <i>recommends</i> that all travelers entering (or returning to) Manitoba be tested for COVID-19 upon arrival, and again 7 days after arrival whether they are displaying symptoms, or not. If you choose to be tested, you must travel directly to and from the testing site (do not stop anywhere), using a method of transportation that limits exposure to other people.</p> <p>Travellers required to quarantine <b>must</b> complete the full 14 quarantine period, whether they have symptoms or not, and even if test results are negative.</p> <p><b>Do you need a COVID-19 vaccine?</b> The Government of Manitoba will administer the vaccine to non-Manitoba residents who have been isolating in Manitoba for at least 15 days, and who will remain in Manitoba for a further 15 days minimum, resulting in a total stay of no less than 30 days. Non-residents must meet the minimum age requirement for each drug as listed in the eligibility criteria found <a href="#">here</a> . Temporary residents, must provide proof of date of entry to Manitoba, as well as documentation to support the reason and anticipated length of their stay (ie: student visa)</p>	<p><a href="#">Health Links-Info Santé</a> is a telephone health information service staffed 24 hours a day, seven days a week by knowledgeable, experienced nurses and is free of charge everywhere in Manitoba. Call 204-788-8200 in Winnipeg or 1-888-315-9257 toll-free outside of Winnipeg <a href="#">COVID-19 Screening Tool</a></p>	

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<p>Health International students only:</p>	<p>If your health, or a requirement to quarantine for a longer period may cause you to miss on-campus classes, please contact 204-725-8700 and ask for Assiniboine International. If you need to leave a message, use your name, <b>student number</b>, and program name; leave a phone number or email where we can contact you.</p> <p>It is normal to feel anxious at this difficult time. Please access the I.M. Well Student Assistance program. It is a free, online program that offers counselling, information and resources. Counselling is offered over the phone or online, and is available in a number of different languages. This is a free service to any Assiniboine student; use your student number.</p> <p>Buy “early arrivals” insurance through <a href="https://guard.me">guard.me</a> before leaving home, to cover the days between arrival and September 1, 2021. You can buy for spouse/children also. Cost is approximately \$2.15/day per person. Soon after your college program begins, you will receive (and pay for) health insurance coverage through guard.me and Student VIP for a 12 month period, at a lower cost per day.</p> <p>You are welcome to contact Assiniboine International at <a href="mailto:acc2021@assiniboine.net">acc2021@assiniboine.net</a> if you have worries or need something during your quarantine period.</p>	<p><a href="https://aspiria.ca/">https://aspiria.ca/</a> or download iAspiria app User name and password are ACCSA 1-877-554-6935</p> <p>Buy “early arrivals” insurance by emailing <a href="mailto:admin@guard.me">admin@guard.me</a> calling (from within North America) 1-877-873-8447. Provide your needed coverage dates, school name (Assiniboine), and a phone number where you can be reached.</p> <p>If you do <i>not</i> have health insurance, COVID-19 <i>testing</i> would be available. But <i>other</i> costs could be (estimates):</p> <p>Doctor Visit: \$50 Emergency Room visit: \$1077 Ambulance \$400 Hospital stay: \$3459/per day Health care is very, very expensive without insurance!</p>	
<p>Banking</p>	<p>Search online about whether your preferred bank has a branch in the city for your Assiniboine program. Many banks offer remote services online or over the phone. Remember, you <i>cannot</i> leave quarantine to do banking.</p>	<p><a href="#">Bank of Montreal- BMO</a> <a href="#">Canadian Imperial Bank of Commerce-CIBC</a> <a href="#">Royal Bank of Canada-RBC</a> <a href="#">Scotiabank</a> <a href="#">TD Bank</a></p>	
<p>Cellular Phone</p>		<p><b>Company</b></p>	<p><b>Price</b></p>

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	<p>During this time, it is important you can stay connected for your studies.</p> <p>If you do not have an international/Manitoba phone plan upon your arrival, you will <i>not</i> be able to visit a cell phone provider in person to get a Manitoba phone during your quarantine.</p> <p><b>Please make a plan <i>before</i> you arrive in Canada/Manitoba.</b></p> <p>If you buy a SIM card for your current phone, check if your device is compatible.</p> <p>If you do not have a Manitoba phone plan yet: WhatsApp is a popular text and voice messaging app. With a pre-paid sim card or Wifi, you can send messages, videos, photos, make voice calls, or host video chats. You can also use WhatsApp for international calls.</p>	<a href="#">Bell</a>	Rate plans start at \$ 80 per month plus phone
		<a href="#">Fido</a>	Rate plans start at \$ 45 per month plus phone
		<a href="#">Phone Box</a>	\$11.30 for the SIM Prorated fee Monthly fee \$30.00/month
		<a href="#">Rogers</a>	Rate plans start at \$ 25 per month plus phone
		<a href="#">Lucky mobile</a>	\$10.00 for the SIM Rate plans start at \$ 15 per month.
		<a href="#">Telus</a>	Rate plans start at \$ 65 per month plus phone
		<a href="#">Virgin Mobile</a>	Rate plans start at \$ 45 per month plus phone
Internet Service	If your quarantine location in Canada does not already have internet, you can work with an internet provider for 'self installation'.	<a href="#">BellMTS</a>	Rate plans start at \$ 70.95 per month
		<a href="#">Rogers</a>	Rate plans start at \$ 65 per month
		<a href="#">Westman Communications Group</a>	Rate plans start at \$ 50.00 per month.

\*Assiniboine Community College has made every attempt to provide accurate information here, as of July 12, 2021. Any information or web links could change without Assiniboine's knowledge. We encourage students to check all information important to them before making final decisions.\*