YOUR ACTIONS XX MATTER

HELP SLOW THE SPREAD OF COVID-19



Keep your distance from others

HOW CAN YOU PRACTICE PHYSICAL DISTANCING?



Greet with a wave instead of handshakes and fist bumps



Stay home as much as possible, including for meals and entertainment



Shop or take public transportation during off-peak hours



Work from home; conduct virtual study meet-ups



Avoid crowded places and gatherings



Keep in touch with friends or family using technology



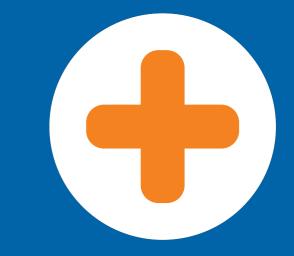
If possible, use food delivery services



Travel directly to your destination on campus



Exercise at home or outside



Limit contact with people at higher risk (e.g. older adults and those in poor health)

