

Culinary Arts Diploma

Two-year program, with a one-year exit option (certificate)

Please read and think about the following information below carefully to decide whether this program is a good fit for you. This information may change and is simply intended to offer you a helpful perspective on what you will experience in this program.

Orientation: Typically, during the last week of August (**Required** for all students).

Program Dates: September through mid-May (Year 1 courses); mid-May through August (summer break) September through mid-May (Year 2 courses).

Scheduled Breaks: Last week of December and first week of January (two weeks); first week of

March (one week). Check your registration for exact dates.

Post-Graduation

Work Permit length: Two-year program: up to 3 years. One-year program: up to 8-9 months.

Schedule: Monday to Friday, full days OR nights, as early as 8:00 a.m. and as late as 12:00

midnight. Lunch breaks are unpredictable and could be very short.

Required Events: 26 nights minimum, to be scheduled throughout the year. Night events can be

as late as 12:00 midnight.

Campus Location: Manitoba Institute of Culinary Arts, 1035 1st Street N, Brandon, Manitoba (North

Hill campus). See North Hill campus map here

What You'll Study:

Courses in all areas of food preparation and kitchen management, from cooking fundamentals to fine dining and patisserie. Examples: breakfast cookery; meats and poultry; stocks, soups and sauces; vegetables/fruits/starches; seafood cookery; garde manger; nutritional cooking; computer applications.

See course descriptions on the <u>Culinary Arts</u> page under 'Courses and Costs'.

How You'll "Learn by Doing"

 All learning will require significant "hands on" practice and skill development. Students will spend most days in the kitchen. All students will participate in preparation, production and clean-up, daily.

- Evaluation will include theory and practical "black box" exercises based on Manitoba Apprenticeship standards.
- You'll be involved in group and community events that include the operation of a fine dining restaurant (Grey Owl). You will work co-operatively with Hotel & Restaurant Management and Horticultural Production classes in planning and preparing food and serving the public.
- See video about the program here: https://youtu.be/zmYetIqh1c

What You'll Need to Do to Graduate

General

- Attend all classes, labs/kitchen activities and events; arrive on time every day.
- Purchase all required books and supplies, including uniforms and equipment.
- Work co-operatively in teams and behave respectfully to all students, staff and guests. English
 only.
- Dress appropriately. You will wear your uniform most days. Maintain cleanliness of yourself and your uniform. Bathe yourself daily and use antiperspirant or deodorant. Launder your uniform daily.
- No cell phones in class or the kitchen.
- Share work of preparation, production and cleaning for classes and events, including washing dishes.

Events

- Attend **all** preparation activities, events and clean-up activities. Arrive on time and work until instructors dismiss the full class group. **Note:** Event days will generally be 12-14 hours long.
- Manage physical demands like lifting/carrying heavy containers or trays of food, standing for several hours, bending, using equipment, washing dishes, cleaning facilities. Manage fast pace of kitchen work.
- Appropriately and safely handle food, beverages and equipment.
- Be polite with guests and answer questions accurately.

Courses

- Practice all skills until you can demonstrate "mastery"—do them correctly and quickly.
- Pass all courses and seminars. Attendance, punctuality and professional behavior will be part of grades.
- To graduate, you must pass all courses **and** have a grade point average (GPA) of C (60%). Passing many courses with only a D (50%) can make your GPA too low to graduate.
- All English skills (reading, writing, listening, speaking) are important. Evaluation will include tests, group projects, presentations, public events and research papers.
- Re-testing is generally not an option. If you fail a course, it will not be available again until the following year.
- **Do your own work**. Cheating or using other people's work could result in failing grades/suspension.

How Assiniboine College Can Help You

- Trained instructors will share their knowledge and experience from the industry, and will give you frequent and specific feedback on your progress.
- Learning Commons staff available to assist with study skills, like test-taking and writing papers.
- Student advising staff can offer support for personal issues.
- A Regulated International Student Immigration Advisor can answer questions related to permits.

Job Options for Graduates

- Graduates are employed as chefs in hotels, restaurants, resorts, institutional kitchens.
- Most jobs will require evening and weekend work, including long hours.
- **Possible** jobs on Manitoba In-Demand Occupations list: <u>Cook</u> or <u>Baker</u>

Other important information:

- **Meat:** You must touch, taste and serve meat. You must learn about meat dishes, to speak positively about all food during events. You will **not** be required to eat (swallow) meat.
- **Alcohol:** You must use alcohol in cooking. You must learn about beverages and speak positively about beverages during events. You will **not** be required to drink or taste alcohol.