

Baking WITH MICA

Thumbprint cookie recipe

Ingredients

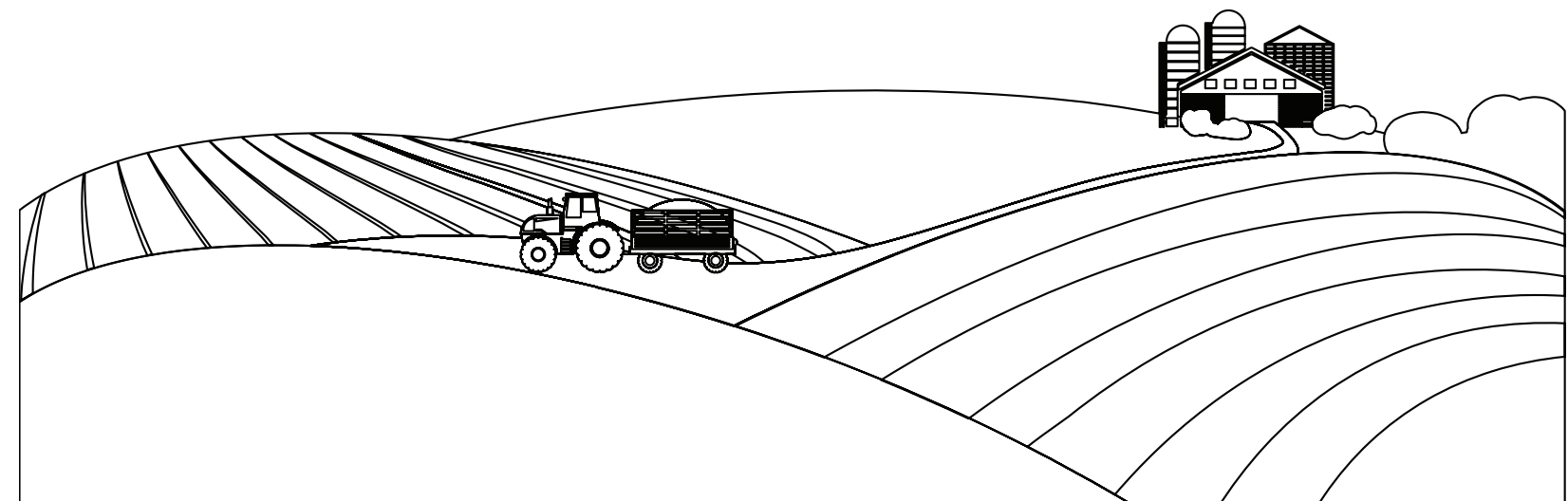
1 cup unsalted butter, at room temperature
1/2 cup sugar
2 egg yolks
1 teaspoon vanilla extract
1/4 teaspoon salt
2 cups all-purpose flour
Jam or jelly of any kind

Instructions

- » Beat the butter and sugar on high speed with an electric mixer for about 3 minutes.
- » Add the yolks and vanilla extract to the butter mixture.
- » Add the flour and salt to the mixing bowl and mix until just combined.
- » Flatten the dough into a disc and wrap in plastic. Let chill in the refrigerator for 20 minutes.
- » Preheat the oven to 350°F. Line two baking sheets with parchment paper.
- » Roll the dough into balls about 1 inch in diameter. Place the balls on the parchment-lined cookie sheets spaced a few inches apart.
- » Press down on each ball of dough with your thumb to make a small well in the center of the cookie. Fill each cookie with 1/2 teaspoon of jam.
- » Bake for 12 to 15 minutes or until slightly firm. Allow to cool for a few minutes on the cookie sheet to firm up before moving them to a wire rack to finish cooling.

Celebrating ALL THINGS AG!

Activity Book



Canada's AG DAY

Each year, on Canada's Ag Day, we raise a fork to the food we love and the people who produce it.

How will you celebrate?

Here are some ideas:

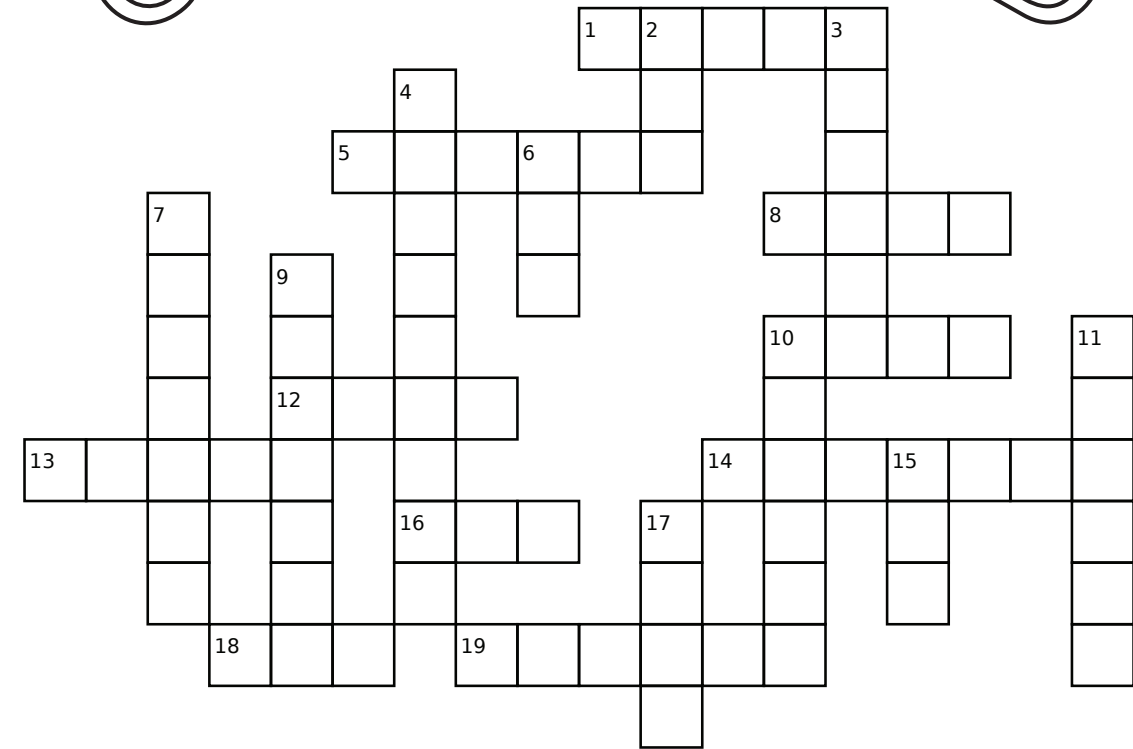
- » Make the recipe (or another recipe for a food you love) at the back of this book
- » Plan a garden
- » Take a photo of a grain field or your favourite farm animal
- » Sing *Old McDonald*
- » Draw a picture of your favourite foods

Assiniboine INFO

Assiniboine is Manitoba's Ag College. We offer many programs for you to learn about agriculture and the environment, including:

- » Agribusiness
- » Agriculture
- » Baking Foundations
- » Civil Technician
- » Communications Engineering Technology
- » Culinary Arts
- » Food Processing (Animal Proteins)
- » Geographic Information Systems (GIS)
- » Heavy Equipment Technician
- » Horticultural Production
- » Land and Water Management
- » Sustainable Food Systems

CROSSWORD



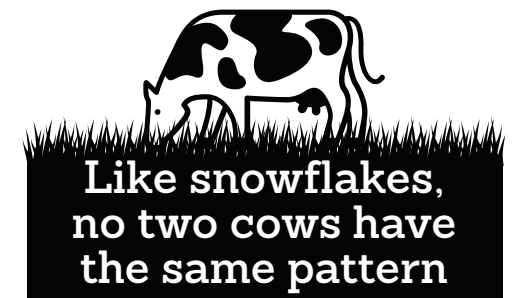
Down

2. Food that horses eat
3. This crop can become French fries
4. A flower that produces oil
6. A young goat is called a _____.
7. Male geese are called _____.
9. Measurement of farmland
10. A vegetable that grows underground
11. A person who owns a farm
15. Animal that we milk on the farm
17. A baby cow is called a _____.

Across

1. Its fleece is used to make sweaters, socks and blankets
5. Many people eat it for Thanksgiving
8. A business that can grow crops and raise animals
10. A cereal crop
12. Chickens live in this
13. Canada's most cultivated plant
14. The farmer drives this in the field
16. A chicken gives us _____.
18. A female chicken
19. A baby pig is called a _____.

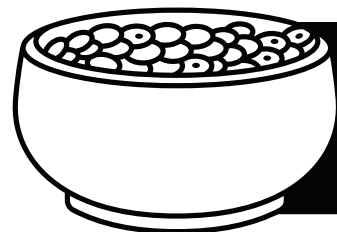
Down: 2. Hay | 3. Potato | 4. Sunflower | 6. Kid | 7. Ganders
 Across: 1. Sheep | 5. Turkey | 8. Farm | 10. Cron | 12. Coop |
 13. Wheat | 14. Tractor | 16. Egg | 18. Hen | 19. Piglet



FILL IN THE BLANKS

- 1 A farm that produces milk is called a _____
- 2 The color of an egg yolk is _____
- 3 _____ comes from pork
- 4 The color of canola seed is _____
- 5 _____ is made from wheat flour
- 6 Soybeans are a type of _____
- 7 Canada's largest bacon processing facility is in _____
- 8 The _____ is the symbol of Manitoba

1. Dairy | 2. Yellow | 3. Bacon | 4. Black | 5. Pasta | 6. Legume | 7. Manitoba | 8. Bison



How many boxes of Cheerios
comes from one bushel of oats?

50 twelve-ounce boxes

COLOUR CACCCEY on the farm

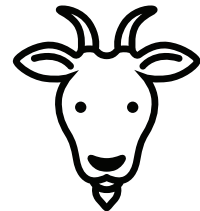


What is
Manitoba's #1
produced crop?
Canola

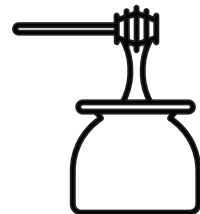
One dairy
cow can produce
7 gallons of
milk a day!

MATCHING GAME

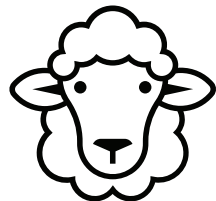
Draw a line and match the icon to the word!



Milk



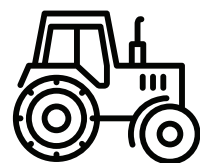
Goat



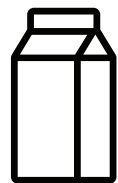
Tractor



Wheat



Honey



Sheep

WORD SEARCH

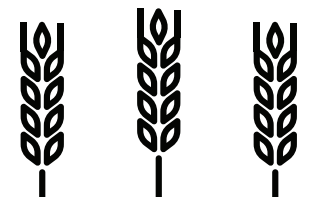
Can you find all the hidden words?

S R S A F L N X W C I O I C M G T P U A
 N J O T V E B D U R A K N W W N H Z I D
 F Z R R V Q A Y V H Y N T G R A B B I T
 G L N F E X I U W T M F O Q D Z I J S N
 F Q D R G I L M K O H B P L E D V J H F
 S C A R E C R O W J I K U K A F E N C E
 H W R V T J I T V N T K Z C M V B A R N
 Q E O D A V O J H A U F H B A U F H I K
 D L B V B J H S Z J R S B S O Y R N D H
 Y E C K L L Q A X N K C P G I H A K U O
 D N Q I E A O I B J E F A C Y R P T H R
 F T R T S S M M A N Y F S O T A H H Q S
 J I G R N X X J L I U J T C T K J A B E
 F L I A H Z B U E Y K H U O V E W Y V V
 W S F C Q A J E R H W U R Z A A P I G U
 C A N T N L R T E G K F E J T T A Z I E
 D I Y O V E D V R G R J A T L W S L O U
 J F A R M E R U E D G E W L I J L L X E
 Y X W A N W Y G R S H S Y X N Z J V Q Q
 I U I O X C L J A C T W U C B K H E Q X

Barn
 Tractor
 Vegetables
 Hay
 Fence
 Oats
 Pasture

Farmer
 Pig
 Horse
 Eggs
 Baler
 Scarecrow
 Turkey

Bee
 Harvest
 Lentils
 Rabbit
 Canola
 Rake



One bushel
 of wheat makes
 42 pounds
 of spaghetti!