

Sexual Violence Resource List

ON AND OFF CAMPUS

Assiniboine College On-Campus Supports

EMERGENCIES

Call 911 (9 – 911, if calling from a College phone)

IMMEDIATE CRISIS SUPPORT

For immediate crisis support, please call the
Klinic's Sexual Assault Crisis Line (24/7)
Toll Free in Manitoba: 1.888.292.7565

COLLEGE SECURITY

Security can be contacted if you require a safe walk
on campus or if you have concerns for your safety or
others on campus. Security will not conduct a criminal
investigation but can inform individuals about other
supports/options for self-referral.

Vic East Campus
204.725.8700 ext. 7777 or 204.725.8746

North Hill Campus
204.725.8700 ext. 7778 or 204.725.8747

Parkland Campus
204.725.8700 ext. 6559 or 204.622.2222

SAFETYSMART APP

SafetySmart is the official safety app of Assiniboine
College. It is the only app that integrates with
Assiniboine's safety and security systems. The app
will send you important safety alerts and provide
instant access to campus safety resources. Please

see the college security page for more information
about the SafetySmart App. It can be downloaded for
free at the Google Play Store or the iTunes Store.

REES

Assiniboine has partnered with REES (Respect,
Educate, Empower Survivors) to provide online
reporting for sexual violence on campus. REES allows
members of our campus community to create a
record of the incident and provides multiple reporting
options: Anonymous Report, Connect to My Campus,
Report to Police, or Repeat Perpetrator Identification.
REES provides information about campus and
community-based resources such as sexual assault
centres, healthcare, and support services.

COLLEGE STAFF

People should feel free to disclose incidents of sexual
violence to any trusted faculty or staff member at the
College. Training and resources are available for all
staff so that they are able to respond to disclosures
of sexual violence in a compassionate, supportive
manner. Any College staff may be contacted during
regular business hours. Messages left after hours will
be returned the next business day.

STUDENT SUCCESS ADVISORS

**204.725.8700 with the appropriate
extension number**

Student Success Advisors provide support and
resources to promote student academic success.
While they do not provide counselling services,
they are trained, knowledgeable and able to

connect students with the appropriate community resources, to provide long-term supports for those impacted by sexual violence. They can also assist students impacted by sexual violence, to set up reasonable accommodations.

INDIGENOUS AFFAIRS

Assiniboine is honoured to welcome students from many nations across the province and around the country. Everyone is welcome to seek support from our Indigenous Affairs staff. Speak with any of the Indigenous Affairs Team if you would like help connecting with an Elder. Any of the Student Success Advisors can also help you connect with an Elder.

You can find our Cultural Resource Centres in the following locations:

- ▶ Room 430A, [Victoria Avenue East Campus](#)
- ▶ Room P112, [North Hill Campus \(Pineridge Building\)](#)
- ▶ Room 109, [Parkland Campus](#)
- ▶ Room 133, [Winnipeg Campus](#)

ASSINIBOINE COLLEGE STUDENT'S ASSOCIATION (ACSA)

204.725.8700 ext. 7213

I.M. WELL

I.M. Well is a free counselling program available to all students from all campuses and their immediate family members.

MOBILE APP

The I.M. Well App has easy to access resources, including scheduling of future appointments, a mood trend tracker, goal tracker, quick stress relief activities inventory, personal challenges, a library of resources, a live chat messaging service, an inventory of in-person services available near the user, and more.

The I.M Well App is available both on the [Google Play](#) and [iTunes Stores](#).

CALL TOLL-FREE

1.833.398.9040

RESPECTFUL COLLEGE COORDINATOR

Manitoba Institute of Culinary Arts,
North Hill Campus, Room 238

Confidential phone lines 204.725.8733 or
204.725.8700 extension 6646 or by confidential
email respect@assiniboine.net

The Respectful College Coordinator would be the most appropriate contact if someone wanted to pursue a formal college complaint under the Sexual Violence Policy.

ATHLETICS DIRECTOR

204.725.8700 ext. 6340

HUMAN RESOURCES

Staff impacted by sexual violence or staff looking for relevant training can contact Human Resources.

HOMEWOOD HEALTH

Employees and their families also have access to free and confidential counselling services through Assiniboine's Employee and Family Assistance Program. Employees can learn more about Homewood Health resources and services [here](#).

MANITOBA GOVERNMENT EMPLOYEES UNION

MGEU Union Officer
204.725.8700 ext. 6066.

Assiniboine College Off-Campus Supports

KLINIC COMMUNITY HEALTH CENTRE, SEXUAL ASSAULT CRISIS SERVICES

Klinik Community Health Centre, Sexual Assault Crisis Services is located in Winnipeg and it provides a (no cost) 24-hour sexual assault hotline that is a province-wide service available seven days a week. [Klinik's Website](#) has links to additional supports.

For immediate crisis intervention, call:

Sexual Assault Crisis Line (24/7)

In Winnipeg: 204.786.8631

Toll Free in Manitoba: 1.888.292.7565

TTY: 204.784.4097

For in person counselling in Winnipeg
call Sexual Assault Intake: 204.784.4059

MEDICAL SUPPORTS

If you, or someone you know, has experienced a sexual assault, it is important to seek medical attention – even if you do not want to have a forensic exam (rape kit) done to collect any evidence. Medical support may mean going to an Emergency Room, booking an appointment with your family physician or attending a walk-in clinic.

BRANDON REGIONAL HEALTH CENTRE – PRAIRIE MOUNTAIN HEALTH

Brandon Regional Health Centre – Prairie Mountain Health provides S.A.N.E. nurses (Sexual Assault Nurse Examiners) who are able to provide forensic exams up to 120 hours after a sexual assault to individuals over the age of 18. The BRHC also provides choices and options related to medical care (including medications to provide medical care to prevent possible sexually transmitted infections) or pregnancy. They provide support and referrals to counselling supports and options.

DAUPHIN REGIONAL HEALTH CENTRE – PRAIRIE MOUNTAIN HEALTH

Dauphin Regional Health Centre provides Emergency Room nurses and doctors who are able to provide forensic exams up to 120 hours after a sexual assault for individuals over the age of 18. The Dauphin Regional Health Centre also provides choices and options to medical care, including medications to prevent possible sexually transmitted infections and pregnancy. They also provide support and referrals to counselling options and services.

MOBILE CRISIS UNIT (MCU) WITH WESTMAN CRISIS SERVICES

(Mobile Unit) 204.727.4411

The MCU is a community-based service that is mobile—caring staff will meet with people in their own home, or another suitable place within the Brandon and Assiniboine area.

PORTAGE AND DISTRICT GENERAL HOSPITAL

524 5th Street South East, Portage la Prairie, MB
204.239.2211

WINNIPEG – WINNIPEG REGIONAL HEALTH AUTHORITY

Numerous options are available to you in Winnipeg. Assiniboine recommends that you access the services of the Sexual Assault Nurse Examiner Program [\[SANE\]](#) at the Health Sciences Centre. These services are comprehensive and specialized in supporting individuals who have experienced sexual assault. This is helpful as your medical, legal and counselling information and options can be provided in one place.

204.787.2071

(HSC Paging will page the Assault Nurse) A Sexual Assault Crisis Program worker can be requested for support in this context.

LEGAL

To report sexual violence/assault individuals must contact the law enforcement agency that serves their region. This may mean contacting your local RCMP detachment. In emergencies, always call 911. (9 911 from a campus phone)

BRANDON POLICE SERVICES

Non-Emergency
204.729.2345
1020 Victoria Avenue, Brandon, MB

WINNIPEG POLICE SERVICES

Non-emergency calls: 204.986.6222
Hearing impaired line (24 hours)
(TeleTypewriter –TTY only): 204.942.7920

DAUPHIN RCMP

204.622.5050 or 911

VICTIM SERVICES COORDINATOR – BRANDON

204.729.2335

Victim Services can provide support, information and referral services to help victims of sexual assault or violence. Individuals can contact Victim Services before or after you have reported the incident to police.

VICTIM SERVICES (PROVINCIAL)

[Victim Services](#) helps people access their rights, understand their responsibilities and connects them to other services or agencies. Services are provided free of charge and are available in person, by phone, fax or Internet.

For more information about the Compensation for Victims of Crime Program,
please call 945.0899 in Winnipeg or 1.800.262.9344 toll free.

THE COMPENSATION FOR VICTIMS OF CRIME PROGRAM

1.800.262.9344
204.945.0899

Contact Victim Services for information on this program. If individuals have given a statement to Police, they can apply to receive benefits from this program. They can help with some medical expenses such as an ambulance bill, lost wages (if work is missed as result of the crime), or counselling fees.

Other Resources

THE WOMEN'S RESOURCE CENTRE (COUNSELLING)

The Sexual Assault Advocate acts as a support and resource for women who have been sexually assaulted. This can include accompaniment to police services, accompaniment to medical appointments, assistance with filing police reports, and referrals to Victim's Compensation.

204.726.8632
1.866.255.4432

WESTMAN WOMEN'S SHELTER

204.727.3644 or Toll Free 1.800.862.2727
Brandon, MB
Counselling & emergency shelter

JOHN HOWARD SOCIETY (BRANDON)

Third Party Reporting is available
for male-identified survivors.

204.727.1696



KA NI KANICHIHK – HEART MEDICINE LODGE

Culturally-based support and advocacy services for Indigenous women who have experienced sexual assault and sexual violence. Available to all who identify as Indigenous women and are over the age of 18.

204.953.5820
1.888.953.5264

PARKLAND CRISIS CENTRE AND WOMEN'S SHELTER

204.638.9484
Dauphin, MB

PORTAGE FAMILY ABUSE PREVENTION CENTRE

Local Crisis Line: 204.239.5233
Toll Free: 1.877.977.0007

Provides short-term crisis services, shelter (emergency residential shelter and counselling) and wheelchair accessibility for affected by physical or mental abuse or know someone who is.

MEN'S RESOURCE CENTRE

Therapy and support services for men age 16 years and older.

204.415.6797
1.855.672.6727

COMMUNITY MENTAL HEALTH

204.578.2400
7th Health Access Centre,
20 – 7th Street, Brandon, MB

MANITOBA HUMAN RIGHTS COMMISSION (MHRC)

1.888.884.3007

The MHRC will accept complaints of discrimination and harassment, including sexual harassment. Anyone in Manitoba can contact the MHRC to get more information about their rights or to file a human rights complaint.

MANITOBA PROVINCIAL DOMESTIC VIOLENCE CRISIS LINE (24/7)

1.877.977.0007

Third Party Reporting is a process where a survivor is able to pass on information about the sexual assault they experienced to the police without having to speak directly to the police or make a formal report. In this process the survivor completes a form with the support of an Advocate and this information is sent to police without the survivor's identifying information. Police can use this information to track trends or patterns that could identify repeat offenders. It is important to know that police cannot lay charges based on a Third Party Report. A Third Party Report is not a substitute for providing a formal statement to the police. There are limits to confidentiality where the assault involves an intimate partner or child welfare concerns.