# APPLIED COUNSELLING SKILLS

Certificate

Challenge yourself by learning new skills and gaining knowledge in the field of applied counselling. Work with individuals and groups in a variety of para-professional settings and hone your counselling strategies.



#### Become a professional

Gain the confidence to aid others in their search for personal growth and healthy relationships. Develop counselling skills in areas that include general counselling, cross-cultural communication, and family and youth issues.



#### Navigate personalities

Get prepared to manage a diverse range of relationships and situations. Learn about the intricacies of legal and ethical concerns, facilitating challenging family and youth relationships, as well as trauma-informed counselling techniques within the bounds of a counselling environment.

### Memorize your lines

Experience hands-on learning in the classroom. The program integrates a mix of theory with role-play and group assignments to develop your ethical and theoretical knowledge to work with new immigrants, within First Nation communities, and in health care, education, government counselling agencies and corrections.

### Map your future

Graduates may find employment as para-professionals and skilled assistants in counselling-related fields. Past graduates of this program have found employment as: youth workers, intake workers, caseworkers, facilitators and education assistants. Additionally, two courses in this program are directly transferable into Assiniboine's two-year Social Service Worker diploma program.





# Admission Requirements

- A complete Manitoba Grade 12 or equivalent
- English 40G/40S or equivalent with a minimum mark of 60%
- Current criminal record check
- Current child abuse registry check
- Current adult abuse registry check
- Complete Supplementary Application Form

English is the language of instruction at Assiniboine. All applicants educated outside of Canada or in a country not on the test exempt list are expected to meet the English language proficiency requirement. See **assiniboine.net/elp** for more information.

# **Graduation Requirements**

To graduate with an Applied Counselling certificate, students must successfully complete 32.5 academic credits and 2.5 practical credits.

The minimum passing grade for each course is indicated on the course outline.

### **Program Fees**

Tuition, fees and Students' Association fees total approximately **\$5,200**. Estimated cost for books and supplies is **\$2,000**.

All fees are estimated and are subject to change without notice.

## Courses

NUMBER	COURSE TITLE	HOURS
PSSY-0070	Counselling and Interviewing	3
PSSY-0014	Counselling	6
PSSY-0101	Counselling Skills Theory	4
LAWG-0092	Legal and Ethical Issues	2
PSSY-0033	Cultural Adaptation and Counselling	3
PSSY-0102	Family Counselling Skills	4
PSSY-0032	Counselling Children and Youth	3
PSSY-0053	Indigenous Counselling	3
PSSY-0103	Trauma and Crisis	3
PEDV-0321	Counselling Practicum Preparation	1.5
PRAC-0273	Practicum - APLCN	2.5

Note: Timelines, applicable industry experience, and teaching methodology will depend on program delivery choice; program information sheets subject to change without notice. Visit **assiniboine.net** for the most up-to-date information.

Next Steps!

Register now! Visit assiniboine.net/register.

For more information on this program, visit assinibone.net/appliedcounselling.



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