

Travelling during COVID-19 pandemic

We are looking forward seeing you at our college soon!

First, answer the questions [here](#) to learn whether you likely will be allowed to enter Canada. If you receive the answer “you will not be allowed to enter Canada”, please email international@assiniboine.net immediately to discuss this situation.

Second, make a quarantine plan. It is *possible* that the Government of Canada will require you to quarantine. Click [here](#) for guidance on making a quarantine plan.

The checklists below, and FAQs on our [website](#), will help you plan. Click on any colored links for more information.

If you have any questions, please email us directly at international@assiniboine.net. We are here to support you, so you can follow Canada’s and Manitoba’s public health laws, and you can be safe.

Before travelling:

- Plan to arrive in Canada at least 15 days before your program start date, if possible.** You need time for a 14-day quarantine period, IF the border officer requires it. If you have doubts, use [these FAQs](#) and/or contact us at international@assiniboine.net *before* confirming travel plans.
- Confirm all flight/hotel/other reservations and keep this information in at least two places (one electronic; one paper).
- If you arrive by land (drive in from USA), the border services officer may randomly select you for a mandatory arrival test. See more information [here](#).
- Confirm all parts of your [quarantine plan](#) and keep this information in at least two places (one electronic; one paper). For more guidance, contact international@assiniboine.net
- Arrange [health insurance](#) to be valid *from first day in Canada*. College health insurance is valid as of September 1, 2022; arrange insurance from date of arrival until then.
- If you want a confirmation of enrollment letter, order it through [this link](#) *at least* 10 days before you travel. It will be available *only if* the college has registered you in classes and you received an email with your user name and log in information.
- If you will be 17 years of age or younger on your date of arrival, and you do *not* meet Canada’s definition of “fully vaccinated”, you may require a valid COVID-19 test result before departure. See [this link](#) from the Government of Canada.
- If you will be 18 years of age or older on your date of arrival, read and follow information about what you need to travel to Canada [here](#).
- Download the [ArriveCAN app](#) on your phone. Submit your contact information, travel information and proof of vaccination through ArriveCAN before you depart. See information [here](#). This is a legal requirement from the Government of Canada.
- Pack things most important for your safety and comfort in your carry-on luggage.
- Please**, if your travel plans or contact information change, update us at international@assiniboine.net.

All students: Pack these items in your carry-on luggage, so you can use them at airport/border if needed:

- Passport and any other identification. Make a photocopy and/or electronic copy of your passport photo page and keep in a different (but secure) location.
- COVID-19 test result(s), if required. See [this link](#).
- Documents about vaccines you received, and dates, in English or French.
- Receipt from the information you downloaded into the ArriveCan app (if travelling from outside of Canada).
- Letter of authorization to study in Canada (and any other letter) from IRCC.
- Assiniboine's Letter of Acceptance.
- Original, official (hard copy) transcripts/documents of education and language testing. Keep all documents that are difficult to replace in your "carry-on" (in the plane cabin) luggage.
- Cellular phone and any laptop/tablet, plus charger(s), ideally including a battery pack.
- Written quarantine plan including all contact information and reservation confirmations.
- Information about health insurance you have purchased.
- Driver's license, if you have one.
- Enough required medication for at least 15 days, in original container(s).
- More than one method to access funds, and proof of adequate funds for stay in Canada.
- Hand sanitizer and a number of face masks.

During travel:

- Follow airline and airport direction about COVID-19 prevention. Touch as few surfaces as possible and wash or sanitize your hands frequently. Avoid touching your mouth, nose and eyes.
- Avoid alcohol or sleep medication, so your mind is clear.
- Keep phone charged.
- Answer every question from airline, airport or border staff **completely and truthfully**. Ask staff to repeat a question or explain it in a different way if you do not understand.
- Follow all guidance in ArriveCAN.

During quarantine period (IF required by border officer):

- Travel quickly and directly to your quarantine location. Do not stop anywhere, except for medical, fire or police emergency.
- Stay in your room(s), alone, except for emergency (like a fire, or illness needing medical attention). Avoid contact with people who did not travel with you.
- Wash your hands frequently and keep the room(s) clean.
- Self-monitor health by using the screening tool [here](#). If you have symptoms of COVID-19, contact Health Links at 1-888-315-9257 to ask about testing. The website link will also be included in daily emails from Assiniboine.
- Contact us at international@assiniboine.net when you arrive safely in Manitoba. If you have a Canadian or US phone number, please give us that number.

All information and links above were valid on June 15, 2022 but could change at any time.