



**RUSS EDWARDS
SCHOOL**
Agriculture & Environment

Eligible for
**FINANCIAL AID
& AWARDS**

CULINARY ARTS

2-Year Diploma (*Apprenticeship Manitoba Accredited*)

Indulge your creativity and rise to the challenge in this demanding trade program. Take on the full menu of food preparation, including nutrition, presentation and international cuisine.

PROGRAM LEARNING OUTCOMES

- ▶ Contribute to and monitor adherence of others to the provision of a well-maintained kitchen environment and to the service of food and beverage products that are free from harmful bacteria or other contaminants, adhering to health, safety, sanitation and food handling regulations.
- ▶ Ensure the safe operation of the kitchen and all aspects of food preparation to promote healthy workspaces and the responsible, efficient use of resources.
- ▶ Create menus that reflect knowledge of nutrition and food ingredients, promote general health and well-being, respond to a range of nutritional needs and preferences and address modifications for special diets, food allergies and intolerances, as required.
- ▶ Apply fundamental business principles and recognized industry costing and control practices to food service operations to promote a fiscally responsible operation.
- ▶ Apply basic knowledge of sustainability, ethical and local food sourcing, and food security to food preparation and kitchen management, recognizing the potential impacts on food production, consumer choice and operations within the food service industry.
- ▶ Use technology, including contemporary kitchen equipment, for food production and promotion.
- ▶ Perform effectively as a member of a food and beverage preparation and service team and contribute to the success of a food-service operation by applying self-management and interpersonal skills.
- ▶ Develop strategies for continuous personal and professional learning to ensure currency with and responsiveness to emerging culinary techniques, regulations, and practices in the food service industry.
- ▶ Contribute to the development of marketing strategies that promote the successful operation of a food service business.



Campus/Delivery Options
North Hill campus



Available Intakes
September



Work Integrated Learning
Learn by Doing

You might be a good fit for this program if you would enjoy:

- ▶ Cooking and experimenting in the kitchen.
- ▶ An opportunity to learn from and interact with different Chef Instructors and exposure to a variety of worldviews, techniques, and culinary styles.
- ▶ Using your creativity, your keen sense of taste and smell, and your interest in precision work.
- ▶ Using your organizational skills and ability to multitask.
- ▶ A physically demanding occupation that involves rapid problem-solving and critical thinking.
- ▶ Working in a collaborative team environment.
- ▶ Continually learning and adapting to changing conditions in a fast-paced environment.
- ▶ Being versatile enough to assist with any task that needs doing within the kitchen.
- ▶ A customer service focus.

EXPECTATIONS

Program & Industry

- ▶ Work shift work, including early mornings, late evenings, holidays and weekends, and the number of hours worked each week varies depending on the type of position and assignment or establishment.
- ▶ Participate in live restaurant and event operations during the program which falls outside of the typical day schedule and includes early mornings, evenings and weekend hours.
- ▶ Work with alcohol, meat, and a variety of culinary traditions.
- ▶ Work under a great deal of pressure to provide quick and quality service.
- ▶ Have physical strength and stamina as well as mobility and motor skills to undertake the required tasks.

- ▶ Groom and dress according to industry expectations.
- ▶ Develop good habits and discipline, arrive on time, in a clean uniform, and ready to work.

CAREER OPPORTUNITIES

- ▶ Hotels
- ▶ Restaurants
- ▶ Resorts
- ▶ Institutional kitchens
- ▶ Catering companies

ADMISSION REQUIREMENTS

- ▶ A complete Manitoba Grade 12 or equivalent
- ▶ English 40G/40S or equivalent
- ▶ Consumer/Essential Mathematics 40S or equivalent

NEXT STEPS

Confidence in the career path you choose to embark on is key and selecting the right program for you is the first step. At Assiniboine, we offer an opportunity to explore and experience a program before applying. Choose to:

SPEND A DAY WITH US

Our Spend a Day program runs from November to March for most programs. When you spend a day at Assiniboine, we partner you with a current student in the program of your choice so you have the opportunity to:

- ▶ Participate in classroom activities
- ▶ Experience college life
- ▶ Explore all of our helpful services for students
- ▶ Meet current college students and instructors
- ▶ Enjoy a free lunch on us!

assiniboine.net/spendaday

ATTEND AN INFO SESSION

Join our free live online info sessions to get the inside scoop on your program of interest and life at Assiniboine. Register in advance and log in from home to learn about Assiniboine.

assiniboine.net/infosessions

Ready to Start?
APPLY NOW!



assiniboine.net/culinary