

## Course listing for 2017-18 and 18 -19

### Listing of MSHS – Integrated Comprehensive Health Care Aide compulsory courses

Note: These courses are offered at the Victoria Avenue East campus beginning January of each year (2018 and 2019)

#### **Daily Living Laboratory 42C HLTH-D176**

0.5 high school credit

Co-requisite: HLTH-D175 Daily Living Theory 42C

This course focuses on basic personal care skills. Some of the topics include principles of good body mechanics, body positioning, moving the client, restraints, aids to mobility, bathing, elimination and skin care. Other topics such as foot care, activities of daily living, clothing and its care, and bed making are covered. A component of this course is learning and understanding medical terminology. This is the laboratory component where personal skills are taught and practiced.

#### **Daily Living Theory 42C HLTH-D175**

0.5 high school credit

Co-requisite: HLTH-D176 Daily Living Laboratory 42C

This course focuses on basic personal care skills. Some of the topics include principles of good body mechanics, body positioning, moving the client, restraints, aids to mobility, bathing, elimination and skin care. Other topics such as foot care, activities of daily living, clothing and its care, and bed making are covered. A component of this course is learning and understanding medical terminology. This is the theory portion of the course.

#### **Gerontology 42C HLTH-D004**

0.5 high school credit

This course enables the learner to explore his/her own attitudes towards old age and the aging process. It includes topics such as changes in normal aging, promoting wellness and independence, death and dying and palliative care.

#### **Growth and Development 42C HLTH-D003**

0.5 high school credit

This course provides a general overview of growth and development from infancy to late adulthood. Students examine normal physical, cognitive, social and emotional development through the stages of life.

#### **Health Issues/Comm. Health 42C HLTH-D005**

0.5 high school credit

This course focuses on the basic structure and functions of the body systems. It involves topics that address problems affecting the following systems: respiratory, circulatory, neurological, musculoskeletal and endocrine. Cancer and problems associated with this disease are discussed. Community health is discussed with a focus on agencies providing community health care, organization of work in community

settings and assisting with elimination in the home care environment. This course provides for a campus laboratory component.

### **Health/Environment/Safety 42C WRKP-D002**

0.5 high school credit

This course introduces the learner to health care and its diverse environments. It includes topics such as the role of the health care aide, the health team, ethics and legal issues, organization of work and safety in the workplace. Topics such as infection control, providing a clean environment, communicable diseases, accident prevention, Workplace Hazardous Materials Information System (WHMIS) and fire safety are also discussed.

### **Human Relations/Comm. 42C COMM-D037**

0.5 high school credit

This course provides a general overview of the basic communication process. It includes effective communication techniques and provides for communication practice sessions. The course also focuses on values and goals clarification and includes such topics as social and emotional needs of clients, stress, families and their members and caring for culturally diverse client groups.

### **Mental Health 42C HLTH-D006**

0.5 high school credit

This course focuses on the general issues affecting mental health and mental illness. It includes topics such as personality and behaviour, anxiety, eating disorders, personality disorders, schizophrenia, mood disorders, abusive behaviours, psychogeriatrics, activities and therapies, and non-violent crisis intervention.

### **Nutrition 42C HLTH-D002**

0.5 high school credit

This course focuses on the basic principles of promoting and maintaining a client's health and wellness related to diet. It includes topics such as menu planning, special therapeutic diets, mealtime, food handling and storage. This course includes a campus laboratory component.

### **Practicum 1 - CHCA PRAC-0074**

3 credits

Prerequisites: HLTH-0175 Daily Living Theory, HLTH-0176 Daily Living Laboratory, HLTH-0003 Growth and Development, WRKP-0002 Health, Environment & Safety, COMM-0037 Human Relations/Communications, HLTH-0002 Nutrition, Immunizations, proof of current certification in cardiopulmonary resuscitation (CPR) - Health Care provider Level C, current Criminal Record Check, current Child Abuse Registry Check and initial Nonviolent Crisis Intervention Training (Unit 1 through 10).

This 120-hour clinical practicum correlates with the theory and personal care skills taught in term one, and is designed to introduce students to the real world of health care. Learners focus on the application of basic skills of the health care aide in order to meet the needs of the client in personal care homes, long-term care facilities and acute

care settings. It enables students to integrate theory to practice in the clinical area. This practice is under the close supervision of the college facilitator.

**Senior Practicum CHCA PRAC-0040**

3 credits

Prerequisites: PRAC-0074 Practicum 1 - CHCA, HLTH-0004 Gerontology, HLTH-0005 Health Issues/Community Health, HLTH-0006 Mental Health

This 120-hour clinical practicum includes clinical experience designed to introduce students to the role of the health care aide in both the institution and community environments. It correlates with the community health theory taught in terms one and two. Students are able to integrate theory to practice in the clinical area, under the supervision of a preceptor and the college facilitator. This clinical provides students with experience in community care, acute care, psychogeriatrics/mental health and personal care home settings.