

A rewarding career with

# GoldenLife



Ask how you can  
have **your entire**  
**student loan paid!**

## About Golden Life

Located in Cranbrook, BC, Golden Life is Kootenay's largest developer and provider of seniors' housing and care. **Golden Life operates seniors' housing and care communities throughout BC and Southern Alberta.** Golden Life communities offer independent living, assisted living, supportive living, residential care, home support, short-term stays, and convalescent programs to support seniors of all abilities, from independent to those who require 24-hour professional nursing care.

“Every day that I work at Columbia Garden Village, my goal is to bring laughter and smiles to all of our residents and staff. The sense of family we have at Columbia Garden Village is heartening. I love working here!”



## GOLDEN LIFE FAST FACTS

Over 1,700 seniors call a Golden Life Village home

We employ over 1,500 people across all our villages

Golden Life annually wins nursing excellence awards

## LOCATIONS

### British Columbia

- Castle Wood Village, Castlegar
- Joseph Creek Village, Cranbrook
- Crest View Village, Creston
- Rocky Mountain Village, Fernie
- Mountain Side Village, Fruitvale
- Silver Kettle Village, Grand Forks
- Columbia Garden Village, Invermere
- Garden View Village, Kimberley
- Lake View Village, Nelson
- Rose Wood Village, Trail
- Kootenay Street Village, Cranbrook
- Ocean Front Village, Courtney
- Coastal Breeze Village, Powell River

### Alberta

- Whispering Winds Village, Pincher Creek
- Evanston Grand Village, NW Calgary
- Grande Avenue Village, Cochrane
- Grand Seton Village, Seton

## Real Living® Enabling Residents to Live their Best Lives

Golden Life's trademarked philosophy Real Living® reflects our belief that a quality life is important at all stages of our journey and puts the person at the center of all decision making.

The four pillars of Real Living® — Vitality, Independence, Opportunity and Security — have been developed to guide us to meet residents' medical, social, spiritual, cognitive and cultural needs to the best of our abilities.

There are no 'patients' in our villages. Instead, there are residents, individuals who bring with them an extended network of relationships with family, friends and others that are maintained within the social fabric of the village. We accept and adapt to our resident's functional abilities, personal desires, life experiences and health needs. We also respect individual differences, promote individual choice, and focus on strength and wellness.



SHOPPING

HISTORY



# Look Around Cranbrook

Cranbrook has many places to see and activities to get involved in all year long. Cranbrook sits within the Ktunaxa Nation traditional territory.

## Cinemas and Theatres

- Key City Theatre
- Stage Door & CCT
- Comedy Circus Improv
- Wildhorse Theatre
- Landmark Cinemas

## Historical Points

- Cranbrook was established in 1898 and Incorporated in 1905.
- Baker Hill Heritage Neighbourhood
- Cranbrook History Centre & Railway Museum
- St Eugene Mission
- Fort Steele Heritage Town
- Colonial Baker convinced the Canadian Pacific Railway to establish a stop in Cranbrook rather than Fort Steele in 1898.

## Shopping

- So many local shops like Huckleberry Books, Bumble Tree and The Choice.

## Festivals and Events

- Cranbrook Children's Festival, Saturday before Mother's Day
- Summer Sounds — Dancing in the Park, Saturday evenings, July – August
- Cranbrook Farmer's Market, Saturdays, July – August
- Wildhorse Club Ladies Ride, Tuesday nights, July – September
- Community Paddle Nights, Wednesday nights, July – September
- BC SPCA Kids Summer Camp, Weekly camps, July – August
- Cranbrook Cruise'In, Second Wednesdays, May – October
- Cranbrook Pro Rodeo, August
- Peak Music Festival, August
- Kootenay Rockies Grand Fondo Bike Race, September
- Extra Life Game Day, October

## Schools

- Cranbrook is home to the College of the Rockies main campus
- Two French immersion schools
- Three private schools K–7

## Fitness

- ARQ Mountain Centre
- Anytime Fitness
- Brass Performance
- Core Fitness
- Fitness, Inc
- Fisher Peak Fitness
- Pro-Fitness Gym
- Kootenay Life Cycle
- Key City Gymnastics Club
- One Love Hot Yoga
- Mountain Life Hot Yoga
- Inner Roar Yoga & Wellness
- Glow Yoga

GET FIT & HAVE FUN!



**AVERAGE COMMUTE 7 MINUTES**

Cranbrook's population is just under 20,000, with a catchment area population of 26,000.

Cranbrook has one of the highest elevations of any Canadian City at 921m (3,021ft).



## There are lots of adventures to be found around Cranbrook!

Environment Canada reports that Cranbrook experiences the most sunshine hours (2229 hrs!) of any city in BC. It also has the lightest wind speeds year-round, has few foggy days, and has the highest average barometric pressure of any city in Canada.

### Hot Springs

- Fairmont Hot Springs
- Lussier Hot Springs
- Radium Hot Springs
- Ram Creek Hot Springs

### Popular Hikes

- Cranbrook Community Forest
- Chief Isadore Trail
- Mause Creek Tarns
- Perry Creek
- Lakit Lookout
- Northstar Rails to Trails
- Southstar Recreation Trails
- Top of the World Provincial Park
- Wycliffe Buttes
- Fisher Peak

### Horse Riding

- GOT Adventure
- Horizon Equine Facility
- Three Bars Guest Ranch
- Wide Open Spaces
- Windover Ranch

### Lakes Within 30 Min

- Jim Smith Lake
- Elizabeth Lake
- Horseshoe Lake
- Moyie Lake
- Mineral Lake
- Monroe Lake
- Premier Lake
- Norbury &
- Peckham's Lake
- St. Mary's Lake
- Wasa Lake

### Golf Within 30 Min

- Bootleg Gap Golf Course
- Cranbrook Golf Club
- St. Eugene Golf Resort & Casino



- Mission Hills Golf Course
- Shadow Mountain Golf Club
- Trickle Creek Golf Course
- Wildstone Golf Course
- Cranbrook Disc Golf Course

### Camping

- Cranbrook/St. Eugene KOA Journey
- Mount Baker RV Park & Tenting
- Regency Park RV Resort
- Willow Creek Campground
- Eaglesnest RV Resort
- Horseshoe Lake Recreation Site
- Jim Smith Lake Provincial Park
- Moyie Provincial Park
- Norbury Lake Campground
- Clear Sky Meditation Centre
- Stonecross Retreat



# A Day in the Life in Cranbrook

There are so many options for your days in the area; here are a few our staff love:

## Summer Days

### WORKDAY

### DAYS OFF

Day shift: 7AM-3PM

#### Afternoon plans:

- Play or watch soft ball
- Barbeque at Wasa Lake
- Paddle or Swim at Jim Smith Lake
- Play a round of frisbee golf

#### Evening plans:

- BBQ at Wasa Lake: 7PM
- Beverages at the Firehall: 9PM

#### Morning plans:

- Golf 18 holes at Shadow Mountain
- Lake day! Moyie, Horseshoe or Kucanusa
- Peruse the Farmer's Market

#### Afternoon plans:

- Picnic at Eager Hill
- Meander through Fort Steele or the Cranbrook History Centre
- Go for a swim or a paddle at Jim Smith
- Find the perfect ice cream cone at Happy Cow

#### Evening plans:

- Watch the sun go down from the community forest



SEE THE SIGHTS!



# A Day in the Life in Cranbrook

## Winter Days

### WORKDAY

### DAYS OFF

Day shift: 7AM-3PM



#### Afternoon plans:

- Sledding with the family at Idlewild Park
- Cross-country ski Northstar Trails
- Free outdoor skating at Baker Park



#### Evening plans:

- Night Skiing Kimberley or Fernie
- Live music at Soul Food
- Community theatre



#### Morning plans:

- Ice fishing
- Shopping
- Visit the dog park



#### Afternoon plans:

- Visit the local artisan shops and bookstores
- Hot lunch at The Hideout
- Run over some untouched, back-country powder on sled, skis or snowshoes

#### Evening plans:

- Tuck away in a local friend's cabin
- Join a fire at Idlewild Park
- Take in a concert or sporting event at Western Financial Place





## Your Opportunity

We believe our primary responsibility is to our residents and their loved ones. We take the time to know our residents both as individuals and as members of the local community. We encourage residents' independence and choices for all services, care options and other functions of daily life.

We ensure that our staff are trained and supported in their roles because staff are the backstage engineers who truly make our social model work effectively. We strive to create and maintain environments where growth, opportunity, challenge and accomplishment are as important as fair pay, safety, and just ethical treatment.

### Golden Life provides the following opportunities for staff:

- Excellent training, orientation and mentorship for new graduates
- Opportunities for growth and advancement
- Golden Life Leadership Program — over 80% management promoted from within!
- Staff appreciation events
- Great comprehensive benefits program
- Rural BC loan forgiveness program — 100% of student debt forgiven over five years.
- Our employee concierge will provide you with contacts for local housing, daycares, entertainment, and more.

## Department Philosophy

### Care

We believe it is our responsibility to listen and learn from our residents and families, care for and entertain them, inform them and empower them through an enriching environment.

We believe and value contributions made by our highly qualified care staff, which regularly assesses each resident within the community of care to maximize resident wellness.

We believe our employees deserve to be respected as individuals who have desires and whose health and happiness are integral to resident happiness and wellbeing.

## Did you know?

In our Long Term Care Villages, LPN's work to their full scope of practice and are given more autonomy than in acute settings. For Registered Nurses, expect a scope of practice similar to that found on medical floors on the hospital.

This is a great place to secure your skill set, begin your career and to build experience in the fastest growing area of healthcare!

## AVAILABLE POSITIONS

Health Care Aide  
(HCA)

Licensed Practical  
Nurse (LPN)

Registered Nurse  
(RN)

Director of Care  
(DOC)

# Resources for Graduates

## For information on:

- Provisional licenses
  - BC student
  - Canada nurse (also for out of province students)
- Emergency licenses (2-week turnaround)
- Student loan repayment program

## Visit:

<https://bit.ly/30pLt4>



## Contact Us

We can help you navigate the system — call our employee concierge, who can help arrange your paperwork and give you an in-depth knowledge of the mountain community you want to call home!

**(778) 400-3622**

**Email: [inquiry@glm.ca](mailto:inquiry@glm.ca)**