



Personal Support Worker - Nights

Overview

We have partnered with a local Winnipeg based family who requires full-time care at night for a 34-year-old man with spastic quadraplegia Cerebral Palsy.

The selected candidate will be required to effectively assist with the nighttime needs of the individual and provide companionship. Living in the St. Norbert area, nightly activities for this individual include meal preparation, stretches, bedtime routines, and ensuring comfort throughout the night. A separate room and bed is provided for use and sleep is allowed so long as the individual's needs are met.

An ideal candidate for this position would possess a friendly, patient, and engaging disposition who respects the independence of the individual needing assistance. Due to the need for lifting, the candidate must be physically able to lift up to 90 pounds. Reliability is a must in this role as relief for the daytime Support Worker is needed along with stability for the individual. Candidates with the ability and willingness to travel are more than welcome to apply.

Responsibilities

- Perform personal hygiene care including bathroom assistance, dressing, feeding, and stretches
- Assist with moving the individual from their wheelchair to other seating/resting
- Administer medications and vitamins as scheduled
- Prepare meals and participate in meal planning, perform light housekeeping duties
- Provide assistance during the night to reposition the individual for comfort
- Assist with soothing the individual at night in case of anxiety or inability to sleep
- Perform clean-up and assist individual in the case of overnight accidents
- Help troubleshoot any issues with the power wheelchair as needed
- Ensure the health, safety, welfare, and independence of the individual
- Document and report to the family and/or daytime support worker how the night has gone and of any incidents that may have occurred

Skills & Qualifications

- Some prior experience performing support work for people with disabilities or the elderly required
- Valid Class 5 License with clean driver abstract required
- Recent Vulnerable Sector Check is also required
- Able to lift up to 90 pounds safely
- High level of empathy and understanding surrounding physical and mental health issues
- Approachable, friendly, engaging personality; a good listener with demonstrated patience
- Strong communication, comprehension, reading, writing, and computer skills
- First Aid and CPR certifications strongly preferred

If you are interested in this opportunity, please email a copy of your resume to amclaughlin@fhblack.com.

We thank all applicants in advance, however, only those individuals who best meet our qualifications will be contacted. All other resumes will be kept on file for future consideration.