

Personal Support Worker

Overview

We have partnered with a local Winnipeg based family who requires full-time care for a 34-year-old man with spastic quadraplegia Cerebral Palsy.

The selected candidate will be required to effectively assist with day-to-day needs of the individual and provide companionship. Living in the St. Norbert area, daily activities for this individual include driving to appointments, university classes, social outings, movies, and some travel. All activities will be paid for by the family and at no cost to the candidate. Due to the use of a power wheelchair, an accessible vehicle will be provided.

An ideal candidate for this position would possess a friendly, patient, and engaging disposition who respects the independence of the individual needing assistance. Due to the need for lifting, the candidate must be physically able to lift up to 90 pounds. Reliability is a must in this role as relief for the overnight Support Worker is needed along with stability for the individual. Candidates with the ability and willingness to travel are more than welcome to apply.

Responsibilities

- Perform personal hygiene care including bathroom assistance, dressing, feeding, and stretches
- Assist with moving the individual from their wheelchair to other seating/resting
- Administer medications and vitamins as scheduled
- Prepare meals and participate in meal planning, perform light housekeeping duties
- Drive the individual to university and assist him in class (part-time)
- Accompany the individual to outings such as the park, movie theatres, church, and potentially with travel outside of Winnipeg
- Help troubleshoot any issues with the power wheelchair as needed
- Ensure the health, safety, welfare, and independence of the individual
- Document and report to the family and/or evening support worker how the day has gone and of any incidents that may have occurred

Skills & Qualifications

- Some prior experience performing support work for people with disabilities or the elderly required
- Valid Class 5 License with clean driver abstract required
- Recent Vulnerable Sector Check is also required
- Able to lift up to 90 pounds safely
- High level of empathy and understanding surrounding physical and mental health issues
- Approachable, friendly, engaging personality; a good listener with demonstrated patience
- Strong communication, comprehension, reading, writing, and computer skills
- Valid passport with no travel restrictions strongly preferred
- First Aid and CPR certifications strongly preferred

If you are interested in this opportunity, please email a copy of your resume to **amclaughlin@fhblack.com**.

We thank all applicants in advance, however, only those individuals who best meet our qualifications will be contacted. All other resumes will be kept on file for future consideration.

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